

# WELCOME TO THE MOMS CLUB OF HEBRON





# MOMS Club® of Hebron, CT

Hello...Thank You for Your Interest in the MOMS Club!

The MOMS Club® (**Moms Offering Moms Support**) is a national non-profit, non-denominational organization, which focuses on supporting stay-at-home moms when we need support the most-during the day! Yes, that is right... most activities (excluding MOMS Night Out and an occasional weekend family event) occur during the weekday. The MOMS Club of Hebron, CT, also serving Columbia and Andover, began in January 2002. We are registered under the national organization and are expected to operate under the MOMS Club® by-laws.

The goals of this group include moral support to mothers and families, providing interesting speakers and topics at our **All-Member Meetings**. We provide enriching wholesome activities for both our moms and their children; moms are encouraged to join one or more of our clubs and committees while all children benefit from playgroups & activities that stimulate their social skills.

**MOMS Club® can offer you and your child numerous opportunities; our activities will take you in and around Hebron and our surrounding towns.** It is our hope that MOMS Club® provides you with support, fun and lasting friendships. There are also plenty of opportunities to share your talents with the group. The MOMS Club® benefits greatly from all members and their talents.

**Our club understands that being a mom at home often means a tight budget, accordingly, our yearly dues are \$25.** You are welcome to attend two activities, including the *All Member Meeting* before joining our club, please rsvp to me 48 hours before the event so I can respond to the hosting mom. All money collected will be used exclusively for our programs and service projects. Any travel and or entrance fees to an activity are the sole responsibility of your family.

**I am delighted that you are interested in our club and I hope you will not hesitate to give me a call at 860-558-5459 or email:mirage1440@yahoo.com.** If you decide to join, please complete and send the *Membership Information & Liability Release* with your \$25 annual dues payable to MOMS Club® of Hebron, CT to my attention: Susan Smith, 25 Wildwood Drive, Columbia, CT 06237. Once I receive your paperwork I will send you our MOMS Club® Newsletter and Calendar!

Sincerely,

Susan Smith

## **Membership Includes**

Children's Playgroups  
Park Play Days  
MOMS Night Out  
Community Service Projects  
Sunshine Committee -  
provides meals for MOMS in  
need

[www.momsclub.org](http://www.momsclub.org)

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**You will receive a  
monthly Newsletter &  
Calendar** with all of our  
activities; park and lake  
play days, arts & crafts,  
or a walk on the  
Airline Trail

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*All age children  
are welcome at  
all of our activities.*

## **Welcome to the MOMS Club Hebron, CT Chapter**

**Welcome to the MOMS Club of Hebron! We have prepared this welcome packet for our new members containing important information about the club. Please take the time to read through it carefully.**

**Before we get to some information, here are some things you can expect from the MOMS Club.**

- **Children are welcome at all daytime meetings. The only activity in which children are not included in is the monthly Moms Night Out**
- **All members are encouraged to attend the monthly meeting to discuss club issues. Please attend so your voice can be heard.**
- **All MOMS Club members have the opportunity to be included in every club decision.**
- **You will receive a monthly newsletter and calendar to keep you informed of news and upcoming events.**
- **We provide you with a roster of all members, and their phone numbers.**
- **We have various service projects that we do throughout the year, that benefit our local communities.**

**We hope you enjoy your time with us. Please get started and jump right into the activities! If we can answer any additional questions for you, please don't hesitate to contact a board member.**

# Getting Involved

## Hosting an event

All members are encouraged to host MOMS Club events as often as they like. It is very easy! Once you have chosen an activity, playgroup, or field trip, simply contact our calendar coordinator. She will put your event on the calendar and make sure everyone gets an email reminder a few days before. Members will be asked to RSVP 24 hours in advance, so you'll have an idea who's coming.

Ideas for events: Playgroups, lunches, nature walks, shopping trips, museums, playscapes, kids crafts, breakfasts and discussion groups.

MOMS Night Out is our once a month night for Moms only! This is a really fun and easy event to host, and we are always looking for new ideas. All you need to do is pick a date, time and place for the night out, and contact the calendar coordinator. She will add it to the calendar. Weeknights seem to work best for everyone. It's more fun when a different person hosts MOMS Night out each month!

## Activity Groups

- The Book Club meets once a month. A new book is chosen every few months and the members get together to have an informal discussion.
- The Recipe Club has a different theme every month. Bring your completed dish along with the recipe to the meeting and enjoy!

## Starting Your Own Activity Group

If you have a special interest or hobby that you share with other members of the group (i.e. crafting, cooking, etc.), consider starting your own activity group. It is very easy to do! Just let the President know and she can put you on the agenda for the upcoming monthly meeting, so you can talk about it. We'll also make sure your activity group is posted in the newsletter.

# Playdate Ideas

- ❖ Playdate at your local library for storytime
- ❖ Have a Pancake Party and everyone brings a different ingredient (Choc. Chips, bananas etc.)
- ❖ Go Fruit picking – whatever is in season (strawberries, cherries, blueberries etc.)
- ❖ Bowling and Pizza – Use 2-liter soda bottles and any ball- Kids help make little pizza's.
- ❖ Have an Ice cream social and everyone brings a different topping (nuts, syrup, M&M's, etc.)
- ❖ Have a Breakfast PJ party
- ❖ Read a book about birds and then make bird feeders out of pine cones, p-nut butter and bird seed.
- ❖ Garden Seed Swap Party. Everyone brings seeds to swap. Paint clay pots and have the kids plant some flower seeds in them.
- ❖ Yard Scavenger hunt Playdate is fun – include simple things like: acorns, feather, coin, button
- ❖ Obstacle course Playdate – use soda bottles as cones, balls, jump rope as a balance beam etc..)
- ❖ Chucky Cheese on Rainy days
- ❖ Area Museums: Kidcity, Lutz, W. Hartford Science Ctr., Norwich Childrens museum, Dinosaur museum
- ❖ Zoo playdates: Beardsley Zoo, Foster Farm, Springfield Forest Park, M.A. Butterfly Farm
- ❖ Playdough Playdate! The kids can help make home-made playdough to play with.
- ❖ For the spring: nature walks, brook exploration
- ❖ For the summer: splashpads, park days, swimming holes
- ❖ For the Fall: Pumpkin drawing/carving playdate
- ❖ For the winter: Have a snowman making party
- ❖ For the holidays: Cookie swap playdate
- ❖ Afternoon 3-5pm Movie – unwind with the moms as the kids watch a popular movie
- ❖ Shake, Rattle, & Roll Musical Playdate – everyone brings a different toy instrument to make music
- ❖ Miniature Golf playdate
- ❖ Fashion show Dress up party: bring old dress up clothes and put on a play

# Committee & Coordinator List

Hopefully some of these will peak your interest, when we have large involvement our club runs very well!

Each member of the MOMS Club is asked to serve on at least one committee.

## Committees

### **Sunshine Committee**

Plans social events like holiday parties and also keeps an eye out for the welfare of our members. We prepare meals for new moms, and send cards to members who are sick or grieving. This committee is perfect for people who like to plan and organize things. The more, the merrier!

### **Membership Committee**

Works to recruit new members to the club. This is a great way to meet new people and make our club better! Committee members work on publicity, promoting membership to the community, coordinating hospitality at meetings and sponsoring the Big Sister program.

### **Community Service Committee**

Plans and orchestrates at least one service project each year to benefit the mothers and children in our community. Previous projects have included a food drive and adopting a family for the holidays. New committee members are welcome at any time!

### **Open House Committee**

Coordinates the biannual open houses for the purpose of recruiting and welcoming prospective members. This is also a great way to meet people and plan a fun event. The chairperson would work with the committee to choose a date and location for the open houses, organize the potluck refreshments and publicize the event.

## Coordinator positions

### **Website Coordinator**

This just keeps the board members and phone numbers current. The website is all set up, so only that small data entry is needed annually and the bill needs to be paid, which is of course submitted to our budget and reimbursed.

### **Big Sister Coordinator**

This person matches up a "Big Sister" to new club members. The Big Sister invites the new members to play dates, and is there to answer any questions the new member may have for the first few months.

### **Craft Coordinator**

This person submits a monthly craft to the newsletter and brings a craft to the Monthly All Member Meeting.

### **Guest Speaker Coordinator**

This person sets up guest speakers for the All Member Meetings.

### **Newspaper Article Coordinator**

This person submits the monthly All-Member Meeting announcement as well as any various public relations articles as needed to the RiverEast.

## **Sunshine Committee Guidelines**

A MOMS Club member is welcome to call upon the Sunshine Committee whenever she feels she could benefit from some assistance. Situations may include bed rest during pregnancy, the birth or adoption of a child, a death in the family, an extended illness or surgery, moving, etc. The amount of assistance will vary depending on the situation.

**Requesting help:** All MOMS Club members are eligible for help from the Sunshine Committee. We have a help request form that can be filled out to provide the committee with information to use in scheduling and providing help. This form can be picked up from the Sunshine Committee Coordinator.

Since we realize that when most of us need help is also when we are least likely to ask for it, please notify the committee if you think another member would benefit from some help.

The following guidelines have been written mostly with meals in mind, but they can apply somewhat to all situations. If both the person asking for help and the person providing it know what to expect it should go more smoothly for all involved.

1. **Call ahead.** Please call the person you are cooking a meal for by noon of the day you are providing it to tell her when you will be dropping it off and what it includes. Please let the other mom know whether you have prepared an entire meal (entrée, side dish, dessert) or just the entrée, so she can begin preparing the remainder if needed.
2. **Disposable Containers.** Please use disposable containers (foil pans, baggies, etc) whenever possible so that the recipient doesn't have to wash them and return them. If you choose not to use disposable containers, please clearly mark all items with your name.
3. **When possible, please provide enough food for more than one meal (leftovers).**
4. **Please don't forget!** If you sign up to provide a meal, please follow through or call well enough in advance so that the family can make alternate plans. Thank you!

Thanks for helping us to support the moms in our chapter.  
That is what Moms Offering Moms Support is all about!

# Activity/Committee Sign Up Sheet

Name:

Phone:

Email Address:

I would like to serve on the following committee(s):

- Sunshine Committee
- Membership Committee/Big Sister Committee
- Community Service Committee
- Open House Committee

I am interested in joining or starting the following activity group:

- Book Club
- Recipe Club
- Other: (please specify)



# Playground Summary

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Playground Name	Address	Age for play	Cost	Shade?	ground cover	fenced	sand-box	bath-room	stroller access	infant swings	picnic tables	Water Fountain	Descriptions	Directions
<b>Gilead Hill Elementary School</b>	580 Gilead St, Hebron	1+	Free	None	wood chips		no	no	yes	yes, 1 big	yes	no	quiet when school is out for the summer. Used for recess during school year	
<b>Veterans Memorial Park</b>	Wall street (approx #70), Hebron	2+	Free	None	wood chips	no	no	yes	yes	yes	yes	yes	playscape for 1-3yr olds (shaded) playscape for 3+. short walking trail. open sports fields, basketball court. Day camps	across from RHAM high school on rt. 316
<b>Hebron Elementary School</b>	92 church street (Rt.85), Amston	5+	Free	AM shade	wood chips	no	no	porta-pottie	yes	no	yes	no	not for <5 yrs	
<b>Columbia Recreation Park</b>	Hennequin road, columbia (approx #86)	2+	Free	Well-shaded	rocks	no	no	porta-pottie	no	yes	yes	no	soccer fields, picnic table near playground, walking track	rt. 66E to columbia. Turn LEFT at yellow blinking light on hennequin. Park is on the left.
<b>Colchester Park</b>	215 old hebron rd. , colchester	1+	Free	None	wood chips & composite	no	no	yes behind splash pad	yes	yes	usually used by day camps	no	metal slides get hot. Day camps; water park can get busy; 3 playscapes, walking trail; athletic fields, concession stand, skate park; splash pad (summer 10-6). bring water shoes. Some shade	rt.85 south towards colchester, turn right onto old colchester rd -use first parking lot
<b>Blish Park</b>	Park Rd, Marlborough (approx #20)	2+	Free	AM shade	wood chips	no	no	porta-pottie	no	yes-2		1 no	bees in tire; splinters; day camps and beach; hard to see kids on playscape. Walking distance from blish lake. before Mem.day & after labor day open to non-residents.	rt.66W to marlborough. RIGHT on main st. Turn right on Park st. parking on right.
<b>JB Williams Park</b>	705 Neipsic Rd, Glastonbury	2-13 yrs	Free	well shaded	natural terrain	no	no	no	yes	yes	yes	no	possibility of ticks; dogs off leash; trails, swings,pavilion, jogger or wagon works best	Rt.2 W, Exit 10; Right on Manchester Rd; left on neipsic; left to stay on neipsic
<b>Ross Field (behind police station)</b>	Canione Road , Glastonbury, CT	1-4 yrs	Free	AM shade	sand	yes	yes	no	yes	yes	yes	no	good for kids that are at different ages and want to do different things. Great place to have kids explore	Hebron Ave to Main St. Left on Main St. Go ~½ mile; turn left on Williams St West (just past Police). At first stop sign, turn left on Canione Rd.
<b>Eastbury Hill Pond</b>	39 fischer rd, glastonbury	all ages	\$8 ?	half of beach well shaded.	sand beach & Grass	no	beach	yes	not really	no	yes	yes	great lifeguarded beach area because the back half has great shade! Full changing room/bathrooms with I think showers as well.	rt.2 west, exit 10. Right off exit. Take 4th Right onto Fischer rd. Park is on left

# Playground Summary

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<b>Addison Park</b>	415 Addison Road, Glastonbury	2+	pool: adult\$4 2+yrs\$2 <2 Free	very sunny. Shaded tables	rubber mat & wood chips	partial-parking lot side	Yes, big!	yes	yes	yes	yes	yes	yes	full size pool + small fenced-in wading pool with grassy edges. ~knee deep on a 3 yr old at the edges & thigh hip deep in the middle. fountain in center. Grassy area is partially shaded	Hebron Ave towards glast.Turn right on Addison Rd. Take to end & turn right at 1st stop sign. park is on left
<b>Memorial Park Playground</b>	Corner of Main & Tingley, Willimantic	all ages	Free	well shaded	rubber composite	yes	no	no	yes	yes	yes	yes	possible teen hangout (esp after school) beautiful newer park in downtown setting handicap accesible	rt. 66 east into willimantic main st. 2 miles on left just before dairy queen	
<b>Alex Casse Park</b>	620 JACKSON STREET, willimantic, ct	all ages	Free	well shaded	grass	no	no	no	yes	no	yes	spring	on busy rd; possible teen hangout. Large pond; natura spring, picnics, Well maintained grounds. Nice pond	rt.66E to rt.6E to rt.195 exit. Go straight. At 2nd light take right. park is on right	
<b>Sunny Acres</b>	50 meadowbrook lane, mansfield	3+	Free	well shaded	wood chips	partial-parking lot side	no	no	yes	no	no	no	trails with nice brook behind tennis courts. older, less maintained	rt. 66E to rt.6E to rt. 195 exit. At exit take left at light , take 2nd right onto meadowbrook	
<b>Herrick Park</b>	39 Hebron Road Bolton	<4	Free	well shaded	small stones	no	no	no	yes	yes	yes	no	great space for kids to run around. Merry go round	Rt. 85 towards glastonbury. 1 mile past 66, take a right on east st. continue on east st. into bolton, park is on left, just after st. maurice church	
<b>Northwest Park</b>	448 Tolland Turnpike Manches ter	5-12	Free	PM shade	composite & wood chips	half fenced	no	porta-pottie	yes	no	yes	no	tall double slide, trails, ball fields, reservoir, covered pavilion, small butterfly garden. 5-12 is recommended. Younger w/ close supervision. balance beam; areas can be slippery when wet	84 east, exit 63 to tolland tpke. Take right off exit, then first left at exon Pass Bobs, left into park, right at stop sign	
<b>Wickham Park</b>	1329 west middle turnpike, manchester	2+	\$4 weekday \$5 weekend	well shaded	grass, trails, paved, etc.	yes	no	yes	yes	no	yes	yes	lots of walking. great trails, bird sanctuary, ducks, swans, geese at pond. 2 playgrounds. volleyball & softball. great big sledding hill. not really geared for under 2 unless stroller walks	84E: Left Off Exit 60, Park is on Right. or 84W: Right Off Exit 60, park is on right	
<b>Mickey's Place</b>	329 Garden St, Wethersfield	all ages	Free	AM shade	composite and wood chips	yes	yes	porta-pottie	yes	yes	yes	yes	handicap accessible playground; open fields behind playscape. Large gazebo. 2 separate playscapes for 2-5 and 5+. Huge 2-5 year area with many slides. hard to supervise both plascales at once	rt.3W,Turn Right on Rt.99 N. Pass town hall on left and turn RIGHT at 4th light on Nott st. Park is 2/10 mi/ straight ahead.	



# MOMS Club of Hebron Chapter Guidelines

## Moms Offering Moms Support

*These Chapter Guidelines are established by the MOMS Club of Hebron to allow our members to learn, play, and grow in a healthy and safe environment. These Guidelines are in addition to and in no way violate our Chapter's Bylaws.*

### CODE OF CONDUCT

The purpose of the Code of Conduct is to establish guidelines for members at all MOMS Club functions or when interacting with other members. It will allow for the removal of members from the MOMS Club roster if they violate the Guidelines established and set forth herein. The final decision will rest with the Executive Board.

- No member shall use obscene or abusive verbal language directed toward any other member of the Club or their child/children.
- No member shall discipline another mother's child(ren) without her permission. In the event of a conflict between children, separate and notify their mothers.
- No member shall use physical or obscene gestures toward any member of the Club or their child/children.
- Members shall refrain from malicious gossip or harassment regarding other members of the Club in person, via phone or eMail.
- All members shall be considerate and respectful to the property of other members.
- Members shall not misuse the MOMS Club directory or its contents.
- Members shall abide by the e-mail policy as set forth by the International MOMS Club. Specifically, members shall not abuse member accessibility via e-mail for anything outside of MOMS Club business, unless specifically approved and accepted by each Member.
- Members shall abide by the Bylaws as set forth by the International MOMS Club. A copy of the Bylaws will be available in a white notebook at all monthly business meetings for review by any members in attendance. In addition, if desired, a member may request a copy of the Bylaws to keep for themselves.
- Parents and their children (if old enough) are expected to help pick up the toys before they leave a playgroup activity unless otherwise directed by the mom hosting the event.
- According to MOMS Club Bylaws, there is to be NO SMOKING at ALL MOMS Club activities.
- Nursing MOMS and their babies are ALWAYS welcome at ALL club activities and events.

**★ For the benefit of all our Members, please keep your child under control.  
Mothers/guardians are responsible for the actions and safety of their own children at all times ★**

### RSVP POLICY

Please observe and act when there is an RSVP\* on the calendar for an event. It is there so the hostess knows how many people to expect and makes planning the whole activity run smoothly. If the event has an RSVP, the group will wait for 10 minutes for any member to arrive at any event of activity. After 10 minutes, the members in attendance will proceed with the event of activity as planned. If you have RSVP'd for an event and then cannot attend, please notify the RSVP hostess whenever possible.

***\*If you plan to bring a child other than your own to any MOMS Club function, a signed Liability Waiver from the child's parent must be given to the hostess of the activity and then given to a Executive Board Member. Any guest child will be expected to abide by all MOMS Club Guidelines and will be the sole responsibility of the adult bringing the child.***

### WEATHER POLICY Please use your own discretion for attending MOMS Club activities during inclement weather

While each of us will of course have to decide whether or not to attend any scheduled activity, we have established the following policy regarding MOMS Club events during inclement weather:

# MOMS Club of Hebron Chapter Guidelines

## Moms Offering Moms Support

### (WEATHER POLICY CONTINUED )

- When the Hebron Public Schools are closed due to weather, MOMS Club activities (including Playgroup) scheduled for that day will be canceled.
- If there is a delayed opening of Hebron Public Schools, any MOMS Club activity (including Playgroup) scheduled for that day will be held.
- If there is an afternoon or evening activity planned and Hebron Public Schools are let out early that day, the activity that was scheduled will also be canceled.

### AGGRESSIVE BEHAVIOR

Consists of hair pulling, hitting, biting, kicking, spitting, wrestling, running, throwing, etc.

- When disciplining, that child's mother should remove the child from the immediate area. Please keep in mind that some behavior is considered "appropriate" for certain ages and not for other ages. For example, biting will occur more frequently in toddlers since they don't have the ability to express how they feel.
- If a child is consistently having behavioral problems that have warranted their removal from several activities, the mother maybe asked to refrain from attending events until that child's aggressive or anti-social behavior is under control.
- Destruction of property, urinating in public areas, and swearing is strictly prohibited. If any of these activities occurs, the above Guidelines should be followed.
- If your child damages something, valuable or not, it is your responsibility to offer to repair or replace the item.
- If a child is deemed a danger to themselves or other children on a continual basis, the mother may be asked to resign her membership in the Club.

*Kids are going to be kids and situations are going to arise, so please be fair with ALL children concerned.  
We all need to remember to focus on the behavior and not on the individual.*

### SAFETY GUIDELINES

- The indoor/outdoor area in which the children play should be structurally safe (i.e., Free from any ongoing structure remodeling, free from any old and possibly dangerous structure conditions). If your home is older and has lead paint, the paint should be in good condition if the children are playing around it.
- The indoor area in which the children play should be sanitary in both appearance and odor. For instance, there should not be any excessive dirt, hair or clutter. There should neither be excessive pet odors or residual chemical odors. These can pose considerable health risks to children.
- If the children are playing outdoors, any backyard equipment must be in good working order. The ground outside should be relatively free of pet feces.
- The toys that the children will be playing with should be safe, relatively clean, and age appropriate. Also, toys that will instill a negative impact are discouraged (i.e., play guns, knives, swords).
- Children should not be allowed to stand, climb or jump on or from any furniture, stairs or railings. Although this may be allowed in your home, it is considered by most to be inappropriate behavior.
- All chemical products and potential hazardous items are to be stored safely out of the reach of children.
- If your family owns a firearm that is not always locked up or kept out of the reach of children, you MUST make sure it is safely out of reach in a locked room that children will not be allowed into during the MOMS Club activity in your home.
- If there are pets at a house where there is a Club activity, please notify those that RSVP. Dogs and cats can be very unpredictable when confronted by many small children, and therefore these pets must be put someplace where kids cannot get to them. There are also many children and adults that

# MOMS Club of Hebron Chapter Guidelines

## Moms Offering Moms Support

### (SAFETY GUIDELINES CONTINUED)

- have allergies to these animals. All involved should agree whether animals could commingle at a gathering.
- A pool should be either fenced or locked at all times.
- Swimming in kiddie pools will be allowed, using no more than 5" of water; you must consider small infants.
- If your child has diarrhea they should NOT participate in any pool activities, even if they are using swim diapers, because they could contaminate the pool water with E. coli bacteria.
- Kiddie pools are to be filled with water the day of the function, due to the possibility of stagnant water leading to urinary-tract infections and open wound infections.
- Kiddie pools should always be turned over when drained to avoid the breeding of mosquitoes.
- Neither the local MOMS Club of Hebron nor the International MOMS Club Corporation is responsible for the actions or safety of any children or adults at any time. Parent/guardian is responsible for child(ren) behavior and safety.

### SICK POLICY

Healthy members are important to us so please do NOT attend any MOMS Club function if you or your child/children has or had ONE of the following symptoms within the last 24 hours:

- Severe cough (that is not related to asthma or allergies)
- Vomiting
- Diarrhea or upset stomach
- Sore throat
- Evidence of lice, scabies, or other parasitic infection
- Fever of 100° orally; 101° rectally
- Conjunctivitis (pink eye) – with or without discharge
- Extreme lethargy
- Unusual spots or rashes
- Green or yellow mucus from nose
- Any infections in which you started an antibiotic within 24 hours or less

★ *If your child participated in a playgroup or club activity and became ill soon afterwards, Please be conscientious and notify the moms you were with during those activities.* ★

The above Chapter Guidelines must be enforced at all MOMS Club functions, including, but not limited to, All Member Meetings and Board Meetings, as well as any other MOMS Club sponsored Activity groups, Playgroups, and Club-wide outings.

All mothers understand that the Chapter Guidelines are put in place to protect the safety of the children in attendance, and are not meant to single out any child. Please remember to USE YOUR BEST JUDGEMENT when you are at a Club function. We all realize that children of different ages will act differently. Take this into consideration when following these Guidelines. They are not meant to alienate any MOMS or to stop anyone from attending any MOMS Club activities.

If you have any questions about these Chapter Guidelines, please contact a Board member. These guidelines may be modified as needed by a majority vote of the Club. All members will be notified of any such changes.

I, the undersigned, have received, read, and understand the above MOMS Club of Hebron Guidelines established by the MOMS Club of Hebron. I further understand that refusal to follow said Guidelines may prohibit my participation in MOMS Club activities.

Signature

Print Name

Date Signed

MOMS Club® Membership Information and Liability Release

All members must have a signed Membership Information & Liability Release on file with the local MOMS Club® before attending any activities or programs.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Phone #: \_\_\_\_\_ Cell #: \_\_\_\_\_

Birthday \_\_\_\_\_

Your Child(ren)'s  
Information:

	<u>Name</u>	<u>Birthday</u> (MM/DD/YYYY)
Child #1	_____	_____
Child #2	_____	_____
Child #3	_____	_____
Child #4	_____	_____
Child #5	_____	_____

Emergency Contact Information: \_\_\_\_\_

Relationship: \_\_\_\_\_ Emergency Phone: \_\_\_\_\_

Your food allergies: \_\_\_\_\_

Your Child(ren)'s Food Allergies: \_\_\_\_\_

I, the undersigned, understand that my participation and the participation of any members of my family in any MOMS Club® activity or program is completely voluntary and we hereby give permission for myself and my family to join these activities or programs. My family shall hold harmless this local MOMS Club®, The MOMS Club® Corporation, and the MOMS Club® volunteers or representatives, paid or unpaid, and/or the providers of any activity or program location and/or materials from any liability and/or responsibility for any accident, illness or injury that occurs during or as a result of any function or program. I accept that the final responsibility for my safety and that of my family rests with me.

Name: \_\_\_\_\_ Date: \_\_\_\_\_  
(Print) (Signature)

REMEMBER TO INCLUDE YOUR \$25 CHECK PAYABLE TO **MOMS CLUB® OF**  
**HEBRON, CT** FOR YOUR ANNUAL DUES!

# Hebron/Columbia/Andover Mom's Club

## Photography Statement

As a Mom's Club, we have many exciting events, and sometimes we like to take photographs to remember these times or share them with others. At times, these photographs may be used to show other members what happened at different events, or publicly promote the club. This may be done by sharing photographs in our newsletter, posting (without tags) in our Private Facebook Group, or to promote the club for membership in displays or flyers. We make every attempt to protect your privacy to the best of our ability by not tagging photographs online, or using names anywhere else. At any time, you may chose to opt out of this practice, stating that you do not wish to have your photograph or your child's photograph used by returning this form to a board member. **Please note that by NOT signing this form, we may use your photograph.**

I do NOT want my photograph or my child's photograph used in the following manner (please check all that apply):

- Hebron/Columbia/Andover Private Facebook Group
- Hebron/Columbia/Andover Newsletter (members & regional Mom's Club Coordinator)
- For publicity – in flyers or displays at local events or Regional Mom's Club Meetings.

Member Name: \_\_\_\_\_

Children this applies to:

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